



## *Peace Regional Outreach Campus Newsletter*



### **February 2021**

#### **Staff:**

**Clyde Green**—Principal  
**Terry Dashcovich**—Teacher (Social Studies)  
**Donna Kramer**—Teacher (ELA)  
**Lynn Munden**—Teacher (Math / Science)  
**Candace Loughlin** – Office Manager  
**Terri Bulldog**— Indigenous Support Worker  
**Jody Still** – Educational Assistant  
**Lisa Yakemchuk**—Educational Assistant / LAN Tech  
**Lorena Coombes**—Counsellor

#### **COVID-19 Protocols**

Alberta Health Services has provided recommendations for a safe return to school for students and staff.

1. Complete the Daily Checklist for symptoms.
2. Self-isolate if you experience any symptoms.
3. Wear a mask when you cannot social distance.
4. Wash or sanitize hands frequently.



#### **Important Dates:**

February 3 - Hot Lunch  
February 11 - Life Skills  
February 12 - Wear red, pink or white  
February 15 - Family Day - no school  
February 16 - Staff PD - no classes for students  
February 17 - Hot Lunch  
February 18 - Life Skills  
February 24 - Pink Shirt Day - Anti-Bullying  
February 25 - Life Skills



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FACEBOOK: [Peace Regional Outreach Campus](https://www.facebook.com/PeaceRegionalOutreachCampus)





## Survey for Student Mental Health and Wellness PRSD Trustees

The PRSD Board of Trustees is working on an advocacy plan for wrap-around services (services and supports for student mental health, addiction, physical and learning disabilities). A key part of the plan is to gather data from students, staff, and parents in the form of a survey.

### Survey Dates:

- Staff - January 29, 2021, Professional Development Day
- Grade 7 - 12 students - February 3, 2021
- Parents - February 3, 2021-February 17, 2021

### Message to parents from board chair

Subject: Important message from PRSD board chairman

Good afternoon parents and guardians,

My name is Darren Kuester and I serve as the Board Chairman for Peace River School Division. I am writing to you today on behalf of the board of trustees to ask for your help with a very important board initiative.

We have heard from our students, parents and staff that they feel there is a lack of access to many services and supports related to mental health, addictions, physical and learning disabilities and we want to learn more.

Please share your experiences and knowledge with the board by way of a Student Mental Health and Wellness Survey (see the link below). The survey asks questions relating to mental health and wellness supports and services in your child's (ren) school and community. Your responses to the survey are completely anonymous and will provide us with very important information. The survey data will be used to help the board better understand what our families experience, what our students need for support, and will provide us a clearer picture of what specifically we need to advocate to the government for in these areas.

All grades 7-12 students, all staff, and all parents are being asked to take the survey.

Thank you in advance for your participation and time. The board appreciates your input on this important topic and by learning and working together, we are hopeful to impact positive change for our students, families, staff and communities. Please refer to the Media Release on this topic posted on our website at [prsd.ab.ca](http://prsd.ab.ca) for more information.

<https://www.surveymonkey.com/r/LB8W8RR>

Thank you,

Darren Kuester  
Board Chair  
Peace River School Division



# Accountability Pillar Survey

## Overview

The Alberta government has a system for school authorities to consistently measure success and progress, called the Accountability Pillar. The Accountability Pillar uses 16 measures that show communities how schools and school authorities are performing each year. Schools and school authorities use the results to identify areas for improvement and to help build their education plans.

This system helps the province, school authorities and schools track successes and improve the quality of education for students. It also helps build a more transparent K to 12 education system, focused on constantly improving across the province.

## Purpose

The Alberta funding system for K to 12 education has 3 parts, or "pillars":

- equitable funding
- flexibility
- accountability



School authorities get equitable funding and have flexibility to use their resources to meet students' learning needs. In return, school authorities are accountable for their results and use of resources.

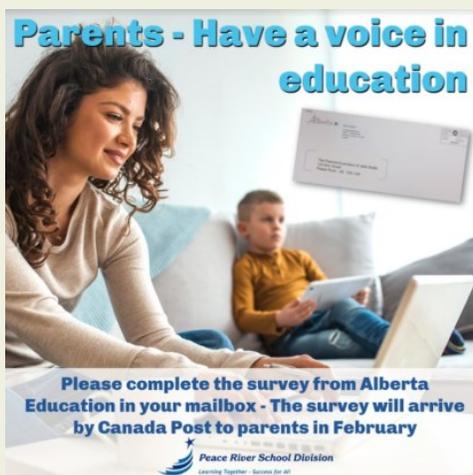
The Accountability Pillar:

- gives schools and school authorities a consistent way to measure their progress using 16 measures
- helps identify areas for improvement and set priorities for the future
- gives schools and school authorities a wide range of performance data

focuses on more than results from student tests, giving a more complete view of the school system and how it can improve

The data in the Accountability Pillar gives a good idea of school and school authority performance, including successes and potential challenges. Schools and school authorities use the data to find ways to improve student learning and achievement.

Schools and school authorities share their Accountability Pillar results through 3 Year Education Plans (3YEP) and Annual Education Results Reports (AERR).



How are Parents Involved? Parents have an important role to play in school improvement. Parents are involved in improvement efforts at their child's school through their involvement in their child's education and in the school council. The voice of parents is an important component of the accountability reports. Each year parents of students in selected grades have the opportunity to respond to the parent survey. When you fill out the survey, you are adding your voice to the future of education in your school, your school authority and throughout the province. These results are used by schools, school authorities and Alberta Education to see what's working well, and what needs to be improved. Your voice, honest and confidential, is a priceless resource.

# Life Skills Program

## Facilitated by Lorena



### *Pizza Lunch and Learn*



Join us in February for Financial Literacy Sessions hosted by RBC while enjoying free pizza! Thursday's from 12:00 - 1:00 pm. Open to all students.

#### **Feb 11/21 - Credit basics and the different types of credit products**

Learning what credit is and how it works. The different types of credit products (credit cards, loans, mortgages, student loans) and how they work (how are they obtained, managed, and how interest accrues) Also will touch base with how to fix bad credit.

#### **Feb 18/21 - Budgeting basics and money management**

Learning how to reach short and long-term goals with the help of budgeting. Different methods and ratios for budgeting to help fit different lifestyles.

#### **Feb 25/21 - The basics of investment, tax, and planning for your future**

Learning about basic investment products and their benefits (RESP, RRSP, TFSA) Learning about taxes (how they work, how to file etc.) and the basics of retirement (work pensions, CPP, OAS)



**RBC**  
**Royal Bank**



# Module Draw Winners: Travis Guenther and Anna Martens



Travis is a Grade 10 student. He has finished 7 courses and is working on Math.

Anna is a Grade 11 student. She has completed 2 courses in Math and Science and is working on another Math.

Congratulations to both!!



# Foods Class - The Process





## Terri Lynn Bulldog Indigenous Support Worker Course Offerings

Since joining us, Terri Lynn Bulldog, our Indigenous Support Worker, has been treating us with some traditional dishes, some tasty meals and some delicious desserts. She has also developed a number of courses to support our Outreach students.

**FOD1010: FOOD BASICS:** Students learn safe and sanitary food handling procedures, equipment care, comprehension of recipes and the importance of efficient work habits. Prerequisite: None

**FOD1020: CONTEMPORARY BAKING:** Students develop and demonstrate an understanding of traditional and contemporary baking focusing on basic measuring techniques, preparation methods, role of ingredients and the proper use of equipment for baked goods. Prerequisite: FOD1010: Food Basics

**FOD2040: CAKE & PASTRY:** Students expand their knowledge and skills in the production of a variety of cake and pastry products. Prerequisite: FOD1010: Food Basics

**FOD2050: BREAD PRODUCTS:** Students describe the role of ingredients and use specialized skills in working with bread products. Prerequisite: FOD1010: Food Basics

**FOD2070: SOUPS & SAUCES:** Students combine stocks with various thickening agents to produce hearty soups and sauces. Prerequisite: FOD1010: Food Basics

**FOD2090: CREATIVE COLD FOODS:** Students learn to combine nutrition and creativity in the preparation of salads and sandwiches. Prerequisite: FOD1010: Food Basics

**FOD3030: CREATIVE BAKING:** Students learn about specialty cakes and pastry products by selecting and creating specialty cakes, pastries, desserts and a major baked project. Prerequisite: FOD1010: Food Basics

**FOD3040: YEAST PRODUCTS:** Students further their skills in the handling of yeast dough through the preparation of a variety of yeast products. Prerequisite: FOD1010: Food Basics

### ABORIGINAL STUDIES 10 (5 CREDITS)

The course is based on perspectives and worldviews of Aboriginal Peoples. It includes the study of traditions and history of Aboriginal peoples in Canada, and particularly in Alberta. Student learning outcomes provide opportunities to examine topics such as government structures, literature, the arts and the sciences.

You will learn about these main topics in Aboriginal Studies 10

1. Origin and Settlement Patterns
2. Aboriginal Worldviews
3. Political and Economic Organization
4. Aboriginal Symbolism and Expression

# Moose Hide Campaign February 11th

JOIN US on the **11th of February 2021** to take part in our National Online Moose Hide Campaign Day.

Together, in solidarity, we can show our commitment to ending violence against women and children.

For more information go to: [MHC 2021](#)



**Hot Lunch - Lasagna, salad and garlic bread! Quite the feast!**



**Some Tasty Treats!**



**Fun facts about February:**

February fluctuates between having 28 and 29 days per year. The 29<sup>th</sup> day only occurs every 4 years during leap years.

If you were born in February, your birthstone is an amethyst and your flower is a primrose.

The name of February comes from the Latin word "februum" which means purification.

Of all the words you can misspell, February is one of the most misspelled words in the English language. Even the White House has misprinted the word "February" before in a press release!

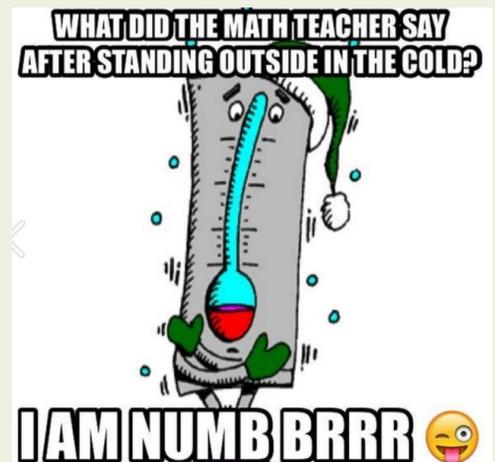
February has been Black History Month for over 40 years.

The odds of being born on February 29<sup>th</sup> are about 1 in 1,461. Those born on a leap day can be called a "leaper" or "leapling."

(<https://www.thefactsite.com/february-facts/>)



**Wear pink, red or white on Friday, February 12th to show your spirit for Valentine's Day!**



# Inclement Weather

We love school, but the safety of our students is our number one priority. If severe weather arises, we may need to cancel school buses. Note that schools will remain open, even if all buses are cancelled.



To learn more view Administrative Procedure 133 at [prsd.ab.ca](http://prsd.ab.ca)

**-40** School buses **WILL NOT**

operate when the morning temperature at 6:00 am is - 40 C without the wind chill or lower OR -48 C with the wind chill or lower

**-48**

## SEVERE STORMS

Buses may not run during severe storm, drifting snow or wind chill conditions



## FOGGY CONDITIONS

The bus may not be able to stop on the highway or busy side roads in severe fog conditions

## EARLY DISMISSAL

Sometimes a storm can start during the school day and buses may be called to take students home early OR school buses may be cancelled.

## CANCELLATION COMMUNICATION

If the school bus is cancelled, school bus drivers will attempt to contact parents and notifications will be announced on the radio and posted on PRSD's School Bus Planner webpage before 7:00 am when possible



Teaching ELA is never boring! Thanks to Richard Lederer for compiling a list of some of the most **unfortunate student bloopers**. Sit back, scroll down, and enjoy.

Socrates was a famous Greek teacher who went around giving people advice. They killed him. Socrates died from an overdose of wedlock.

In the Olympic Games, Greeks ran races, jumped, hurled the biscuits, and threw the java. The reward to the victor was a coral wreath.

Sir Francis Drake circumcised the world with a 100 foot clipper.

Queen Elizabeth was the ``Virgin Queen.'' As a queen she was a success. When Elizabeth exposed herself before her troops, they all shouted, ``hurrah.'' Then her navy went out and defeated the Spanish Armadillo.



In one of Shakespear's famous plays, Hamlet rations out his situation by relieving himself in a long soliloquy. In another, Lady Macbeth tries to convince Macbeth to kill the King by attacking his manhood. Romeo and Juliet are an example of a heroic couplet. Writing at the same time as Shakespear was Miguel Cervantes. He wrote Donkey Hote. The next great author was John Milton. Milton wrote Paradise Lost. Then his wife died and he wrote Paradise Regained.

# Farewell to our Daycare Staff

On Friday, January 29th, we said farewell to our two Daycare staff, Agnes Gagne and Yolanda Mora-Fallas. Agnes has been with us for the past two years and Yolanda has been here for ten years. The Daycare has been funded by the Peace Regional Outreach Student and Daycare Society but , unfortunately, the funding to operate the Daycare has run out. Over the years, the Daycare has been used by young mothers that were working on completing their high school program. It has seen many happy faces go through its doors. A huge thank you and best wishes go out to both ladies!



We **RISE** by lifting others

**PINK SHIRT DAY**

**February 24, 2021**



This Pink Shirt Day, our focus is working together and treating others with dignity and respect. The COVID-19 pandemic has affected us all and shown the importance of helping one another and advocating for those who need it. Help us "lift each other up" and support programs that encourage healthy self esteem and teach empathy, compassion and kindness.

## CKNW KIDS' FUND PINK SHIRT DAY

If you have been targeted by bullying...  
**YOU DESERVE RESPECT.**  
**YOU DO NOT DESERVE TO BE BULLIED.**



**Take a stand.** If you are being targeted keep your cool and walk away. Using insults or fighting back might make the problem worse.



Don't join in the bullying by putting yourself down. **Stay focused on things that make you feel confident and proud of yourself.**



**Get support.** Hang out with friends that will support you, and work together to speak out against bullying and harassment.



**Think about the qualities you want in a friend** and try to have those qualities yourself. Know that people who treat you poorly, exclude you or spread rumours about you are not good friends.



**Don't cast yourself as a "victim" for life.** This person or people have singled you out in this situation but that doesn't mean it will always be that way.



**Cope with strong feelings of sadness or anger in a healthy way** through sports, music, reading, journaling, or talking it out.

### FACTS

- 1.** Bullying is not a normal part of growing up.
- 2.** You have a right to be treated with respect and feel safe.
- 3.** Being bullied is **NOT YOUR FAULT.** No one deserves to be bullied.

### YOU ARE NOT ALONE, ASK 4 HELP

**Talk about it** with someone you trust and try to find a healthy way to change what is happening or how you react to it.

**Call a help line** – reaching out to a counsellor in an anonymous way can help make talking about it easier.

**KidsHelpPhone** t. 1-800-668-6868  
e. [kidshelpphone.ca](mailto:kidshelpphone.ca)



Information provided by  
[redcross.ca/respectededucation](http://redcross.ca/respectededucation)  
Preventing Bullying

## CKNW KIDS' FUND PINK SHIRT DAY

### CYBERBULLYING

is using online and mobile technology to harm other people, in deliberate, repeated & hostile manner



#### FOUR STEPS TO STOP CYBERBULLYING

**STOP:** Don't try to reason with or talk to someone who is cyberbullying you.

**BLOCK:** Use the block sender technology to prevent the person from contacting you again.

**TALK:** Tell a trusted adult, inform your school, use a help line and/or report it to police.

**SAVE:** Save any instant messages or emails you receive from the person bullying you, or capture any comments or images that have been posted online.

#### FACTS

1. 2/3 of youth have faced bullying over their cell phones or online.
2. Three out of ten bullied students reported missing school at least once during the year because of cyberbullying.

#### YOU ARE NOT ALONE, ASK 4 HELP

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**Call a help line** - reaching out to a counsellor in an anonymous way can help make talking about it easier.

**KidsHelpPhone** t. 1-800-668-6868  
e. kidshelpphone.ca

### Before you...



## THINK!!

- T** = is it True?
- H** = is it Helpful?
- I** = is it Inspiring?
- N** = is it Nice?
- K** = is it Kind?



Information provided by  
[redcross.ca/respectededucation](http://redcross.ca/respectededucation)  
Preventing Bullying



**59,000+**

Youth impacted by  
Pink Shirt Day funded  
programs in 2020



**1 IN 5**  
**KIDS AFFECTED**  
**BY BULLYING**



**440,000+**  
**SHIRTS SOLD**



**\$2,550,000+**

Net proceeds distributed  
to youth anti-bullying  
programs throughout  
Western Canada

## COVID-19 INFORMATION

# COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

### Overview

This checklist applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, child care or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

### Screening Questions

#### 1. Has the child:

*(Choose any/all possible exposures)*

<b>Traveled outside Canada in the last 14 days?</b> When entering or returning to Alberta from outside Canada, individuals are legally required to quarantine for 14 days unless enrolled in the Alberta COVID-19 International Border Pilot Project	YES	NO
<b>Had close contact with a case of COVID-19 in the last 14 days?</b> Face-to-face contact within 2 metres for 15 minutes or longer, or direct physical contact such as hugging	YES	NO
<b>If the child answered "YES" to any of the above:</b> <ul style="list-style-type: none"><li>The child is required to quarantine for 14 days from the last day of exposure.<ul style="list-style-type: none"><li>If the child is participating in the Alberta COVID-19 International Border Pilot Project, they must comply with the program restrictions at all times.</li></ul></li><li>If the child develops any symptoms, use the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to determine if testing is recommended.</li></ul>		
<b>If the child answered "NO" to both of the above:</b> <ul style="list-style-type: none"><li>Proceed to question 2.</li></ul>		

#### 2. Does the child have any new onset (or worsening) of the following core symptoms:

<b>Fever</b> Temperature of 38 degrees Celsius or higher	YES	NO
<b>Cough</b> Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
<b>Shortness of breath</b> Continuous, out of breath, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
<b>Loss of sense of smell or taste</b> Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
<b>If the child answered "YES" to any symptom in question 2:</b> <ul style="list-style-type: none"><li>The child is to isolate for 10 days from onset of symptoms.</li><li>Use the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to arrange for testing and to receive additional information on isolation.</li></ul>		
<b>If the child answered "NO" to all of the symptoms in question 2:</b> <ul style="list-style-type: none"><li>Proceed to question 3.</li></ul>		

**3. Does the child have any new onset (or worsening) of the following other symptoms:**

	YES	NO
<b>Chills</b> Without fever, not related to being outside in cold weather		
<b>Sore throat/painful swallowing</b> Not related to other known causes/conditions, such as seasonal allergies or reflux		
<b>Runny nose/congestion</b> Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather		
<b>Feeling unwell/fatigued</b> Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury		
<b>Nausea, vomiting and/or diarrhea</b> Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome		
<b>Unexplained loss of appetite</b> Not related to other known causes or conditions, such as anxiety or medication		
<b>Muscle/joint aches</b> Not related to other known causes or conditions, such as arthritis or injury		
<b>Headache</b> Not related to other known causes or conditions, such as tension-type headaches or chronic migraines		
<b>Conjunctivitis (commonly known as pink eye)</b>		
<p><b>If the child answered "YES" to ONE symptom in question 3:</b></p> <ul style="list-style-type: none"> <li>• Keep your child home and monitor for 24 hours.</li> <li>• If their symptom is <b>improving</b> after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary.</li> <li>• If the symptom <b>does not improve or worsens</b> after 24 hours (or if additional symptoms emerge), use the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to check if testing is recommended.</li> </ul> <p><b>If the child answered "YES" to TWO OR MORE symptoms in question 3:</b></p> <ul style="list-style-type: none"> <li>• Keep your child home.</li> <li>• Use the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to determine if testing is recommended.</li> <li>• Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.</li> </ul> <p><b>If the child answered "NO" to all questions:</b></p> <ul style="list-style-type: none"> <li>• Your child may attend school, child care and/or other activities.</li> </ul>		

**Please note:** If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started/until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

## COVID-19 INFORMATION

# COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

### Overview

This tool was developed to support schools, activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should complete this checklist prior to participating in the activity or program.

If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the activity or program. \*Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days per [CMOH Order 05-2020](#) **OR** receive a negative COVID-19 test and feel better before returning to activities.

Use the [AHS Online Assessment Tool](#) to determine if testing is recommended and follow information on [isolation requirements](#).

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

### Screening Questions

1.	Does the attendee have any new onset (or worsening) of any of the following symptoms:	CIRCLE ONE	
		YES	NO
	• <i>Fever*</i>	YES	NO
	• <i>Cough*</i>	YES	NO
	• <i>Shortness of breath / difficulty breathing*</i>	YES	NO
	• <i>Runny nose*</i>	YES	NO
	• <i>Sore throat*</i>	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the attendee travelled outside Canada in the last 14 days? (Individuals are legally required to quarantine for 14 days when entering or returning to Alberta from outside Canada unless exempted by the Alberta COVID-19 Border Testing Pilot Program.)	YES	NO
3.	Has the attendee had close contact <sup>1</sup> with a case of COVID-19 in the last 14 days?	YES	NO

<sup>1</sup> Face-to-face contact within 2 metres. A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.

# PEACE RIVER SCHOOL DIVISION

## STAY AT HOME GUIDE

### It's confusing. When should I keep my child home?

The new public health measures for COVID-19 mean students and staff who are showing any signs of illness, must stay home from school. To simplify the '**should I keep my child home**' and 'how long does my child need to stay home' process, we've created a visual guide to help you understand how our schools are making decisions around managing student illness.

### My child is sick. How long do they need to stay home for?

#### Core Covid-19 Symptoms

- Fever (above 38C or 100.4 F)
- Cough (new or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore throat

***This is my child. Now what?***



If your child has one of the **core COVID symptoms**, they are required to isolate for a minimum of 10 days from when their symptoms started or until their symptoms resolve, whichever is longer. It is also recommended that the student be tested for COVID-19. If test results are negative and they do not have a known exposure to COVID-19, they should stay home until their symptoms go away. If results are positive, follow Alberta Health Services (AHS) Public Health instructions.

#### Other Symptoms

- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis (pink eye)

***This is my child. Now what?***



If your child has one of the **other symptoms**, it is recommended that a student stay home until their symptoms go away. It is also recommended that the student be tested for COVID-19. If test results are negative and they do not have a known exposure to COVID-19, they should stay home until their symptoms go away. If results are positive, follow Alberta Health Services (AHS) Public Health instructions.

#### Household members

If a student is identified to be a close contact (for example, is a classmate of a student who tests positive), family members of the close contact do not need to quarantine unless the close contact also develops symptoms. Family members or other people in the household who had contact with a student while they were infectious (had symptoms) are required to quarantine for 14 days from the last time they were exposed to the sick student. AHS Public Health will determine who is a close contact and how long they are required to quarantine when they complete their investigation.

#### What does it mean to self isolate?

Visit [www.alberta.ca/isolation.aspx](http://www.alberta.ca/isolation.aspx) to learn about how to self-isolate.

Information for the creation of this document was taken from: "If a student shows symptoms" retrieved on October 1, 2020 from: <https://www.alberta.ca/k-to-12-school-re-entry-2020-21-school-year.aspx#toc-3> Adapted from Prairie Rose School Division and Grande Prairie Public School Division.  
UPDATED OCTOBER 1, 2020

#### What about pre-existing medical conditions?

The first time your child has a symptom that could be caused by COVID-19 or by a known pre-existing medical condition (such as a cough related to asthma), keep your child home and have your child tested for COVID-19. Your child should be tested for COVID-19 to confirm that the symptom is not due to COVID-19 before they return to school. This will be considered your child's baseline health. They may continue to attend school as long as this symptom stays the same and they do not develop any new symptoms.



## Responding to Illness at School

**The following steps will be taken if a student develops symptoms at school:**

- The student will be asked to wear a non-medical mask if they are able to.
- The student will be isolated in a separate room. If one is not available, the student will be kept at least 2 metres away from other students and staff.
- A parent or guardian will be notified to pick up the student from school immediately. If a parent or guardian cannot be reached, emergency contacts will be notified.
- Staff will care for students who need it until they are picked up from school. Staff will wear non-medical masks and protective face shields when in close contact with a symptomatic student.
- All items the student touches while isolated will be cleaned and disinfected or, where this is not possible, stored in a sealed container for at least 10 days.
- Parents will be required to have their child (ren) tested for Covid-19.



## Frequently Asked Questions

### **Are masks required at school?**

Staff, students in grades 4 through 12, and visitors must wear masks in common areas (such as hallways and buses). Masks are optional for students in Kindergarten to grade 3.

### **Are parents allowed in the school?**

Parents may visit the school if previous arrangements have been made with the school office. Schools will ask parents to self-screen for symptoms and keep a record of visitors.

### **Will playgrounds be closed to students at recess?**

Playground structures will remain open. Schools will assign cohort classes to different playground areas at recess. Students should also practice physical distancing and must hand sanitize when leaving the school for recess and re-entering the school. Students will be taught to avoid touching their face.

### **Will schools provide safety supplies?**

Schools will provide safety supplies such as hand sanitizer and wipes. The Government of Alberta will provide every student with two reusable masks. Disposable masks will be available for students who forget to bring their masks to school.

# Calendar and Important Dates for Semester 2



**PEACE RIVER SCHOOL DIVISION**  
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 PH: (780) 624-3601 FAX: (780)332-1050

## FINAL APPROVED 2020-2021 SCHOOL YEAR CALENDAR

### FEBRUARY 2021

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

OD 19 ID 18

### MARCH 2021

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

OD 23 ID 20

### APRIL 2021

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OD 15 ID 15

### MAY 2021

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

OD 20 ID 18

### JUNE 2021

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

OD 20 K-9 ID 18  
 10-12 ID 19

### JULY 2021

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Feb 1 2nd Semester Begins  
 June 25 Last Day of Classes - K-9  
 June 28 Last Day of Classes - 10-12  
 June 28 Last Operational Day K-12

### APPROVED HOLIDAYS

Labour Day	September 7
Thanksgiving	October 12
Remembrance Day	November 11
Christmas Break	December 21 - January 3, 2021
Christmas Day	December 25
Boxing Day	December 26
New Years Day	January 1, 2021
Family Day	February 15
Teachers' Convention	March 4-5
Easter/Spring Break	April 1-11, 2021
Good Friday	April 2
Easter Monday	April 5
Victoria Day	May 24

### LEGEND

<span style="background-color: #0070C0; color: white;">■</span>	STATUTORY HOLIDAYS
<span style="background-color: #808000; color: white;">■</span>	PD DAY (NO STUDENTS)
<span style="background-color: #FF0000; color: white;">■</span>	FIRST/LAST DAY OF CLASSES
<span style="background-color: #FFA500; color: white;">■</span>	OPERATIONAL DAY (NO STUDENTS)
<span style="background-color: #FF0000; color: white;">■</span>	TEACHERS' CONVENTION
<span style="background-color: #FF00FF; color: white;">■</span>	DAY IN LIEU P/T INTERVIEWS (NO TEACHERS OR STUDENTS)
<span style="background-color: #808080; color: white;">■</span>	CHRISTMAS / SPRING BREAK
<span style="background-color: #FFFF00; color: black;">■</span>	Diploma Exams

## Superintendent's Message

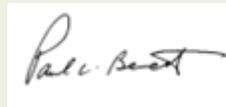
### Celebrating Pink Shirt Day 2021 and Safe and Caring Learning Environments

At Peace River School Division (PRSD) we pride ourselves in our ability to create and foster safe and caring learning environments. There are many people who play a role in this process and I would like to take this opportunity to celebrate their efforts and thank all the students, staff, parents, local partners, and community members who contribute to creating a culture of kindness and respect in our schools. We share in the success of our work in this regard with our school communities as our latest survey results show that 90.8% of our students, staff, and parents feel that PRSD schools provide safe and caring learning environments for students, and our result exceeds the provincial average.

Pink Shirt Day is one day per year where we wear pink in a united stand to support healthy relationships, wellness and diversity. However, the work we do in this regard is on-going through various programs, initiatives and presentations focused on healthy relationships and personal well-being. Examples of such programs and initiatives include the work of our school based Youth Education Support Workers, Success Coaches, student leadership groups, mentorship programs, behaviour support programs, wellness programs, the focus on citizenship division-wide, daily learning incorporated into the curriculum and the important support that comes from community involvement and various agencies.

Providing safe and caring learning environments for students is very important to us. We understand that in order for students to learn, flourish and reach their full potential, they need to feel safe, happy and cared for in a positive learning environment.

Thank you so much for your involvement and support and we invite you to join us on February 24, 2021 for Pink Shirt Day when PRSD students and staff will wear pink in support of healthy relationships, wellness, and diversity.



Paul Bennett  
Superintendent of Schools  
Peace River School Division No. 10



# Spotlight on Health & Safety



## February Safety Message – Bullying

Providing safe and caring learning environments for students is very important to us. We understand that in order for students to learn, flourish and reach their full potential, they need to feel safe, happy and cared for in a positive learning environment.

The work we do to foster safe and caring learning environments is consistent and on-going through various programs, initiatives, and presentations focused on healthy relationships and personal well-being. Mentorship and leadership programs, student groups, wellness and character education, behaviour support programs, and our focus on citizenship support a culture of respect and kindness in our schools.

In Peace River School Division, we employ divisional Social Workers, Success Coaches and Youth Education Support Workers who support safe and caring schools through regular programming, small groups, conflict resolution, one-on-one support. Our Social Workers, Success Coaches and Youth Education Support Workers also provide a link for our schools and families to access community resources and supports that may be available from various agencies.

As our Safe and Caring policy states “All those involved with the division including trustees, employees, students, parents, volunteers, contractors and visitors must share in the responsibility for eliminating bullying, discrimination, harassment, and violence. The board prohibits bullying and expects allegations of such behaviours to be investigated in a timely and respectful manner.”

View PRSD’s Board Policy 19 Welcoming, Caring, Respectful and Safe Learning Environment on our website homepage to read Policy 19 in detail.

Safety & Wellness Coordinator





# Principal's Message

February has brought the "polar vortex" that is chilling us to the bone! The COVID-19 pandemic continues and even though the Chief Medical Officer has approved some new guidelines for business and community activities, it is still very important to practice the protocols including washing hands, using sanitizer, wearing masks and maintaining two metre distancing. The numbers are on the downswing but complacency could quickly lead to new outbreaks.

Our students and parents will be completing the Accountability Pillar survey over the next few weeks. These surveys provide us with strong data to help make decisions about the Outreach. Getting input from students, parents, and staff is vital in making Peace Regional Outreach a better and stronger community of learners. We get the results of the survey in May and use this data and information to make informed decisions that affect our school community.

On February 24th, we celebrate Pink Shirt Day and there are many activities country-wide that encourage people to take a stand against any type of bullying and to be kind and respectful of others, whatever their situation and circumstances. I am very proud to say that students and staff at Peace Regional Outreach Campus are very respectful and considerate of others. They reach out in many ways to support each other. We choose one day to celebrate but we follow the principles of being kind and respectful each and every day.

Please remember that the staff at Peace Outreach is here to support our students in whatever way we can. We offer hot breakfast and hot lunches on a regular basis, we provide services for career discovery, building strong relationships, and connecting with community agencies. This month, our Life Skills program has a focus on building financial literacy. We welcome diversity and originality and believe that our school is a safe and positive learning environment for all.

Thank you for supporting your children and family members as they work towards completing their high school program and we invite you to wear pink on February 24, 2021 as a further sign of support. Take the time to congratulate them on the choices they have made and on the progress and success they have achieved. Reassure them that you will support them in any way you can and that you respect them as the individuals they are.

Clyde Green  
Principal  
Peace Regional Outreach Campus

