



Peace Regional Outreach Campus Newsletter



May 2021

Staff:

Clyde Green—Principal
Terry Dashcovich—Teacher (Social Studies)
Donna Kramer—Teacher (ELA)
Lynn Munden—Teacher (Math / Science)
Candace Loughlin – Office Manager
Terri Bulldog— Indigenous Support Worker
Jody Still – Educational Assistant
Lisa Yakemchuk—Educational Assistant / LAN Tech
Lorena Coombes—Counsellor



Important Dates:

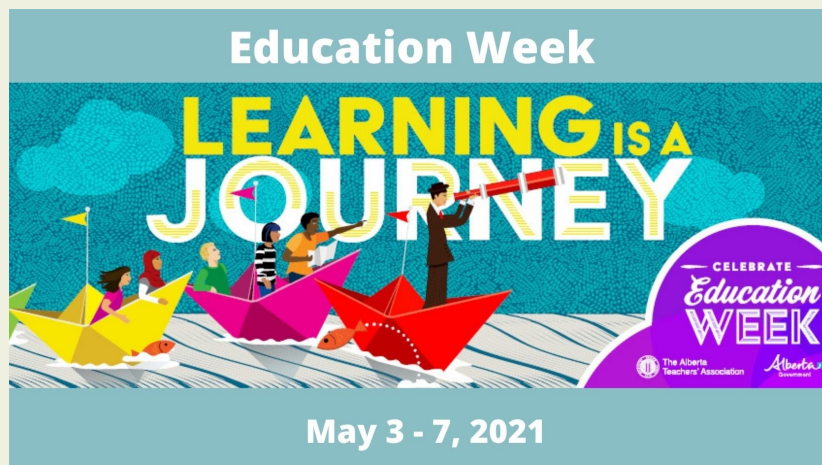
May 3 - No classes - Staff Professional Development

May 3 to 7 - Education Week

May 3 to 7 - Mental Health Awareness Week

May 21 - No School

May 24 - No School - Victoria Day



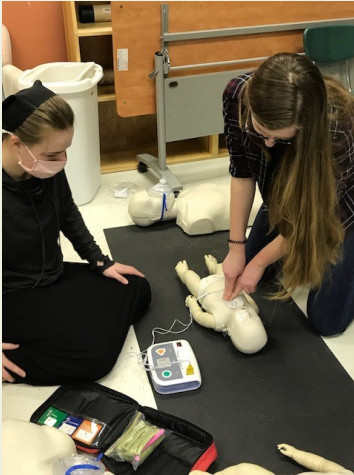
Peace Regional Outreach Campus
9610-94 Avenue
Peace River, AB
T8S 1J1

PH:780-624-5534 FAX: 780-624-45545
WEBSITE: www.peaceregionaloutreach.ca
EMAIL: peaceoutreach@prsd.ab.ca
FACEBOOK: [Peace Regional Outreach Campus](https://www.facebook.com/PeaceRegionalOutreachCampus)



First Aid Training Session

On Wednesday, April 21st, students and staff participated in a Red Cross First Aid training session with Mr. David Smith, Safety Coordinator with Peace River School Division. Participants completed an online portion of the course prior to the in-person learning. Students received one credit, HSC2020, for successfully completing the course.



COVID-19 Protocols

Alberta Health Services has provided recommendations for a safe return to school for students and staff.

1. Complete the Daily Checklist for symptoms.
2. Self-isolate if you experience any symptoms.
3. Wear a mask when you cannot social distance.
4. Wash or sanitize hands frequently.

Module Draw Winners:
Judy Neustaeter, Kaylee Half, Caitlin Williams and Shaelynn Chenard



Judy is a Grade 12 student. She is currently working on English.

Shaelynn is a Grade 12 student. She is currently working on Social Studies and Math.

Kaylee is a Grade 11 student currently working on Social Studies and Forensic Science.

Caitlin is a Grade 12 student currently working on Social Studies and Math.

Congratulations to all!!



Students have now earned 448 credits and completed 134 courses.



Bus Driver Appreciation Day

Monday, May 3rd

WE  **OUR**
School Bus Drivers
They carry our most precious cargo!

**Happy School Bus Driver
Appreciation Day** May 3, 2021



Peace River School Division
Learning Together - Success for All



Do you know a transportation employee
that deserves to be recognized?

**NOMINATIONS ARE
OPEN**

**Peace River School Division
Transportation Award of Excellence**

Eligible staff: bus driver, mechanics and office staff



Nominations open until June 30, 2021
Learn more at prsd.ab.ca



Peace River Resources

Alberta Health Services - Addictions and Mental Health



What: A free drop-in wellness group that meets weekly. The group rotates through five topics related to wellness – one topic per week.

Where: Online via Zoom (via smartphone, tablet, or computer)

When: Wednesday, 1:30PM – 2:30PM

Who: Anyone interested in learning skills to cope with change, deal with stress and pursue goals is welcome. Drop in to any topic of interest.

Registration: Please e-mail the address below to join in.

PRWellnessExchange@albertahealthservices.ca

You will receive an email with the handouts you'll need for the Wellness Exchange prior to each group.

Wellness Exchange Schedule

March 24: Problem Solving

March 31: Positive Activities

April 7: Managing Reactions

April 14: Helpful Thinking

April 21: Healthy Connections



The group is facilitated by AHS mental health staff in partnership with other agencies.

© 2017 Alberta Health Services. Mental Health Promotion & Illness Prevention

HAPPY

AFRAID

SAD

ANGRY



Get ready to
#GetReal

CMHA Mental Health Week

May 3-9, 2021

Visit mentalhealthweek.ca
for info and tools!

Name it, don't numb it. #GetReal about how you feel

Grades 7-12

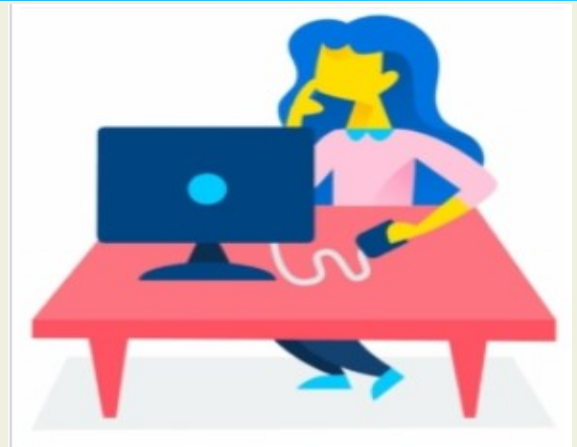
Last day of scheduled classes for 2020-2021 school year

The last day of scheduled classes for students in grades 7-12 is June 22, 2021. Please be aware that June 23, 24 and 25, 2021 are days set aside for grades 7-12 students to complete unfinished assignments and seek help from teaching staff.



Peace River School Division

Learning Together - Success for All



SERVICE CANADA

READY TO HELP — YOUTH



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.alpha.canada.ca/en/start)



Canada COVID-19 App

A tool to help you track your symptoms, receive the latest updates on COVID-19, and access trusted resources.

EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians who need financial assistance. As of September 27, 2020, the minimum benefit rate is \$500 per week before taxes in most cases.

<https://bit.ly/3aGavD2> 1-800-206-7218

APPRENTICESHIP GRANTS

Apprenticeship Incentive Grant for Women

A taxable cash grant of \$3,000 per year/level (or equivalent) up to a maximum amount of \$6,000 per person.

Apprenticeship Incentive Grant (AIG)

A taxable cash grant of \$1,000 per year or level, for a lifetime maximum amount of \$2,000 per person.

Apprenticeship Completion Grant (ACG)

A one-time taxable cash grant lifetime amount of \$2,000 per person for registered apprentices who complete their apprenticeship training and obtain their journey-person certification.

<https://bit.ly/3a0Md7s> 1-866-742-3644

MENTAL & PHYSICAL HEALTH

Access support workers, social workers, psychologists and other professionals for confidential chat sessions or phone calls by texting WELLNESS to 686868.

<https://bit.ly/3rAp6XC>

JOBS AND OPPORTUNITIES

We are expanding existing federal employment, skills development, and youth programming to help students find employment and develop valuable skills this summer and over the coming months. Learn more about youth programs:

<https://bit.ly/2YWXcd9>

SOCIAL INSURANCE NUMBER

You can apply for your **Social Insurance Number (SIN)** online.

Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3mCINMK> 1-866-274-6627

Fill out our online service request form to let us know how we can help you, and we'll get back to you in two business days: [eservices.canada.ca](https://www.eservices.canada.ca)

If you've received benefits in 2020, learn how to report it for your tax return: <https://bit.ly/3bvodKA>

Not sure if you need to repay the **Canada Emergency Response Benefit**? Go to [Canada.ca/repay-cerb](https://www.canada.ca/repay-cerb) or call 1-833-966-2099.

For a complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)

**Feedback on New
K-6 Curriculum**



**What is your
perspective?**

**New K-6
Curriculum**

Go to prsd.ab.ca to learn how to provide your input

Mental Health Week

Postcards of Supporting Agencies

Everyone needs help sometimes.



Sometimes knowing how to get help is the hardest part.

Life isn't always easy, and we all have different mental and emotional challenges and needs. Getting support for your heart and mind is just as important as going to a doctor for a broken bone or any health concern. It's not always comfortable to talk about your problems, but it is very important that we all do. You are not a burden, you are not alone, and we are here, and happy to help. EVERYONE needs help sometimes.

Here are some ways you can get help:



On the phone

- To talk with a live counsellor 24/7: 1-800-668-6868 or Text 686-868
- To talk with a First Nations Metis and Inuit Hope for Wellness counsellor: 1-877-209-1266
- If you are thinking of harming yourself: 1-888-787-2880
- If you are having troubles with drugs/alcohol: 1-866-332-2322
- If someone is physically hurting you: 1-800-387-5437

If you want to find out about supports in your area: 1-877-303-2642



In person

- Your principal, teacher or any trusted adult at your school.
- Youth Education Support Worker, Success Coach or Family Liasion Worker (every school has a designated support person with one of these titles that are here to support you)
- Peace River School Division Social Workers: Ask your principal to connect you with a Social Worker
- Mental Health Walk-in Clinic Peace River: 780-624-6151 - Walk-in clinic on Thursdays. Call between 8-9 am to book a session for the same day.

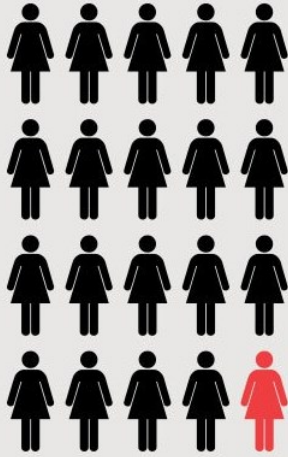


Online

- To chat live online with a counsellor 24/7: www.kidshelpphone.ca or Text 686-868
- To chat live online with people your own age: calgaryconnectteen.com



Terri Lynn Bulldog Indigenous Support Worker



Other women in Canada



Indigenous women

Indigenous women

are 12 times more likely to be **murdered or go missing** than any other women in Canada.

Source: Reclaiming Power and Place: The Final Report of the National Inquiry into MMIWG.

#MMIW

5,712

The number of known incidents of missing & murdered Native American and Alaskan Native women of 2016. Only 116 cases were logged into the DOJ database.

67%

The number of cases between 2005-2009 that U.S. attorneys declined to prosecute of native community matters involving sexual abuse.

96%

On some reservations, the number of sexual violence against Native women committed by non-natives.

Sources: National Institute of Justice, Urban Indian Health Institute



Just Facts

July 2017

Research and Statistics Division

Missing and Murdered Indigenous Women and Girls

Indigenous women represent 10% of the total population of missing women in Canada

According to the *Missing and Murdered Aboriginal Women: 2015 Update to the National Operational Overview* report by the Royal Canadian Mounted Police (RCMP)¹, Indigenous women represent 10% (174) of the total population of women in Canada missing for at least 30 days reported by the Canadian Police Information Centre (CPIC) (1,750). Of these, 111 women were identified as missing due to “unknown” circumstances or foul play was suspected.

Proportion of Indigenous women homicide victims increased since 1991²

Between 1980 and 2014, there were 6,849 police-reported female homicide cases in Canada. Among the total number of female victims, 16% were Indigenous women. Since 1991, the number of murdered non-Indigenous women has declined. In contrast, the number of murdered Indigenous women has remained relatively stable, thus accounting for an increasing proportion of Indigenous female homicide victims. For example, in 1980, Indigenous women accounted for 9% (18) of female homicide victims, whereas in 2014, they accounted for 21% (30) of female homicide victims. In 2014, the rate of homicide of Indigenous women (3.64 per 100,000) was almost six times higher than non-Indigenous women (0.65 per 100,000).³

Higher homicide rate of Indigenous women in the territories

Between 2001 and 2014, the territories⁴ had a police-reported homicide rate for Indigenous women that was higher than the overall rate in Canada.⁵ The prairies also had a higher police-reported homicide rate of Indigenous women than the overall rate in Canada.⁶ The largest difference in police-reported homicide rates between Indigenous women and non-Indigenous women was in the Yukon (12 times higher for Indigenous women) and in Saskatchewan (11 times higher for Indigenous women).⁷

Half of the homicides of Indigenous women were committed by a family member⁸

Of the total solved homicide cases of Indigenous women between 1980 and 2014, half (53%) were committed by a family member, a quarter (26%) by an acquaintance and 8% by strangers. The 2014 homicide survey found that fewer homicides of Indigenous women occurred in a residence (66%)⁹



Department of Justice
Canada

Ministère de la Justice
Canada

Canada

compared to non-Indigenous women (88%). In addition, 17% of homicides of Indigenous women occurred on a street, a road, or a highway compared to 1% of non-Indigenous women.

¹ Royal Canadian Mounted Police. “Missing and Murdered Aboriginal Women: 2015 Update to the National Operational Overview.” ON: Ottawa, 2015.

² Miladinovic, Z., and Mulligan, L. Homicide in Canada, 2014. *Juristat*. Statistics Canada Catalogue no. 85-002-X. 2015.

³ Due to the small numbers, comparing rates should be done with caution.

⁴ The rate of murdered Indigenous women in Nunavut was 12.26 per 100,000; Northwest Territories was 7.19 per 100,000; Yukon was 7.00 per 100,000.

⁵ The rate of murdered Indigenous women in Canada was 4.82 per 100,000.

⁶ The rate of murdered Indigenous women in Manitoba was 7.16 per 100,000; Alberta was 6.79; Saskatchewan was 6.01.

⁷ Due to the small numbers, comparing rates should be done with caution.

⁸ Miladinovic, Z., and Mulligan, L. 2014.

⁹ Residence includes: single homes, houses or townhouses, or other residential dwellings (i.e., rooming houses, dormitories, and seniors’ residences), apartment buildings, and hotel, motel and bed and breakfasts.

**MISSING AND MURDERED
INDIGENOUS WOMEN
AWARENESS DAY
MAY 5th**



Red dresses have been used to raise awareness of the large number of Missing & Murdered Indigenous Women & Girls (#MMIW #MMIWG) for many years. Red is used not just to represent the many heartsbroken by the loss of our stolen sisters but also because for many tribes red is a sacred color.

Please wear red on May 5th to show that we have not forgotten our sisters, mothers and daughters who have been taken from us.

**MISSING AND MURDERED
INDIGENOUS WOMEN
AWARENESS MONTH
MAY 2021**



As part of the Faceless Dolls Project Students and staff will have the opportunity to see a display of the Faceless dolls that will be made as part of a display in Peace Regional Outreach Campus.



COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, child care or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

Screening Questions

1. Has the child:

(Choose any/all possible exposures)

Traveled outside Canada in the last 14 days? When entering or returning to Alberta from outside Canada, individuals are legally required to quarantine for 14 days unless enrolled in the Alberta COVID-19 International Border Pilot Project	YES	NO
Had close contact with a case of COVID-19 in the last 14 days? Face-to-face contact within 2 metres for 15 minutes or longer, or direct physical contact such as hugging	YES	NO
If the child answered "YES" to any of the above: <ul style="list-style-type: none">The child is required to quarantine for 14 days from the last day of exposure.<ul style="list-style-type: none">If the child is participating in the Alberta COVID-19 International Border Pilot Project, they must comply with the program restrictions at all times.If the child develops any symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended.		
If the child answered "NO" to both of the above: <ul style="list-style-type: none">Proceed to question 2.		

2. Does the child have any new onset (or worsening) of the following core symptoms:

Fever Temperature of 38 degrees Celsius or higher	YES	NO
Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
If the child answered "YES" to any symptom in question 2: <ul style="list-style-type: none">The child is to isolate for 10 days from onset of symptoms.Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation.		
If the child answered "NO" to all of the symptoms in question 2: <ul style="list-style-type: none">Proceed to question 3.		

3. Does the child have any new onset (or worsening) of the following other symptoms:

	YES	NO
Chills Without fever, not related to being outside in cold weather		
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux		
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather		
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury		
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome		
Unexplained loss of appetite Not related to other known causes or conditions, such as anxiety or medication		
Muscle/joint aches Not related to other known causes or conditions, such as arthritis or injury		
Headache Not related to other known causes or conditions, such as tension-type headaches or chronic migraines		
Conjunctivitis (commonly known as pink eye)		
<p>If the child answered "YES" to ONE symptom in question 3:</p> <ul style="list-style-type: none"> • Keep your child home and monitor for 24 hours. • If their symptom is improving after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary. • If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended. <p>If the child answered "YES" to TWO OR MORE symptoms in question 3:</p> <ul style="list-style-type: none"> • Keep your child home. • Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. • Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started. <p>If the child answered "NO" to all questions:</p> <ul style="list-style-type: none"> • Your child may attend school, child care and/or other activities. 		

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started/until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool was developed to support schools, activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should complete this checklist prior to participating in the activity or program.

If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the activity or program. *Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days per [CMOH Order 05-2020](#) **OR** receive a negative COVID-19 test and feel better before returning to activities.

Use the [AHS Online Assessment Tool](#) to determine if testing is recommended and follow information on [isolation requirements](#).

As the COVID-19 pandemic continues to evolve¹, this screening tool will be updated as required.

Screening Questions

1.	Does the attendee have any new onset (or worsening) of any of the following symptoms:	CIRCLE ONE	
		YES	NO
	• <i>Fever*</i>	YES	NO
	• <i>Cough*</i>	YES	NO
	• <i>Shortness of breath / difficulty breathing*</i>	YES	NO
	• <i>Runny nose*</i>	YES	NO
	• <i>Sore throat*</i>	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the attendee travelled outside Canada in the last 14 days? (Individuals are legally required to quarantine for 14 days when entering or returning to Alberta from outside Canada unless exempted by the Alberta COVID-19 Border Testing Pilot Program.)	YES	NO
3.	Has the attendee had close contact ¹ with a case of COVID-19 in the last 14 days?	YES	NO

¹ Face-to-face contact within 2 metres. A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.

PEACE RIVER SCHOOL DIVISION

STAY AT HOME GUIDE

It's confusing. When should I keep my child home?

This information applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18. Children should be screened every day by completing the Alberta Health Daily Checklist (for children under 18) before going to school, child care or other activities. Children may need a parent or guardian to assist them to complete the screening tool.

My child traveled outside of Canada, now what?

When entering or returning to Alberta from outside Canada, individuals are legally required to quarantine for 14 days unless enrolled in the Alberta COVID-19 International Border Pilot Project. If the child is participating in the Alberta COVID-19 International Border Pilot Project, they must comply with the program restrictions at all times.

My child had close contact with a case of COVID-19 in the last 14 days, how do I respond?

Close contact is face-to-face contact within 2 metres for 15 minutes or longer, or direct physical contact such as hugging. If your child had close contact with a case of COVID-19 in the last 14 days, your child is required to quarantine for 14 days from the last day of exposure. If your child develops symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended.

My child is sick. How long do they need to stay home for?

Core Covid-19 Symptoms

- Fever (above 38C or 100.4 F)
- Cough (new or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Loss of smell or taste (not related to other known causes or conditions like allergies or neurological disorders)

This is my child. Now what?

If your child has one of the **core COVID symptoms**, they are required to isolate for 10 days from when their symptoms started. Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation.

If your child does not have any of the core COVID symptoms, proceed to the "other symptoms" information below.

Other Symptoms

- Chills
- Painful swallowing
- Runny nose/congestion
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Nausea, vomiting or diarrhea
- Unexplained loss of appetite
- Conjunctivitis (pink eye)

This is my child. Now what?

If your child has one of the **other symptoms**, keep your child home and monitor for 24 hours. If their symptom is improving after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary. If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended. **If your child has TWO OR MORE of the other symptoms**, keep your child home. Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is required. Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

Information for the creation of this document was taken from the updated COVID-19 Alberta Health Daily Checklist (for Children Under 18) Adapted from Prairie Rose School Division and Grande Prairie Public School Division. UPDATED NOVEMBER 2, 2020



Peace River School Division

Learning Together - Success for All



Responding to Illness at School

The following steps will be taken if a student develops symptoms at school:

- The student will be asked to wear a non-medical mask if they are able to.
- The student will be isolated in a separate room. If one is not available, the student will be kept at least 2 metres away from other students and staff.
- A parent or guardian will be notified to pick up the student from school immediately. If a parent or guardian cannot be reached, emergency contacts will be notified.
- Staff will care for students who need it until they are picked up from school. Staff will wear non-medical masks and protective face shields when in close contact with a symptomatic student.
- All items the student touches while isolated will be cleaned and disinfected or, where this is not possible, stored in a sealed container for at least 10 days.
- Parents will be required to have their child (ren) tested for Covid-19.



Frequently Asked Questions

Are masks required at school?

Staff, students in grades 4 through 12, and visitors must wear masks in common areas (such as hallways and buses). Masks are optional for students in Kindergarten to grade 3.

Are parents allowed in the school?

Parents may visit the school if previous arrangements have been made with the school office. Schools will ask parents to self-screen for symptoms and keep a record of visitors.

Will playgrounds be closed to students at recess?

Playground structures will remain open. Schools will assign cohort classes to different playground areas at recess. Students should also practice physical distancing and must hand sanitize when leaving the school for recess and re-entering the school. Students will be taught to avoid touching their face.

Will schools provide safety supplies?

Schools will provide safety supplies such as hand sanitizer and wipes. The Government of Alberta will provide every student with two reusable masks. Disposable masks will be available for students who forget to bring their masks to school.

Visit PRSD's Covid-19 webpage for more information and updates at prsd.ab.ca

Sources - Alberta Government Guidance Documents

Updated August 31, 2020

Calendar and Important Dates for Semester 2



PEACE RIVER SCHOOL DIVISION
 4702 - 51 St. Box 380 Grimshaw AB. T0H 1W0
 PH: (780) 624-3601 FAX: (780)332-1050

FINAL APPROVED 2020-2021 SCHOOL YEAR CALENDAR

MAY 2021

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JUNE 2021

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			
	28					
	28					

June 25 Last Day of Classes - K-9
 June 28 Last Day of Classes - 10-12
 June 28 Last Operational Day K-12

APPROVED HOLIDAYS

Victoria Day May 24

LEGEND

- STATUTORY HOLIDAYS
- PD DAY (NO STUDENTS)
- FIRST/LAST DAY OF CLASSES
- OPERATIONAL DAY (NO STUDENTS)
- TEACHERS' CONVENTION
- DAY IN LIEU P/T INTERVIEWS (NO TEACHERS OR STUDENTS)
- CHRISTMAS / SPRING BREAK
- Diploma Exams

Just 36 instructional days left to complete modules and earn credits!

A reminder to students that there are no final exams in your courses this spring. Do your best in completing course work and unit quizzes.



Superintendent's Message

Education and Mental Health Awareness Week

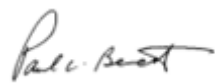
May 3 – 9, 2021 marks Education Week and Mental Health Awareness Week – a celebration of education and recognition of the importance of positive mental health.

In Peace River School Division we are committed to teach, support and nurture the whole student - through engaging classrooms, qualified and caring staff, focus on emotional, social and physical wellness, leadership and mentorship programs, positive behaviour and character programs, and the support of Youth Education Workers and Success Coaches. We are proud of the dynamic learning communities within our schools and we strive to support our students in any way we possibly can. By incorporating wellness into classrooms and curriculum we acknowledge the link between education and mental health which better enables our students to reach their full potential.

We understand it takes a village to raise a child and both the educational and mental health needs are crucial aspects of learning, well-being and success. We are very thankful for the various partnerships we share with agencies, community members and organizations in our school communities. These community partnerships not only provide increased supports for students, they demonstrate that their school communities care, and it also shows what can be achieved when we work together.

During Education Week and Mental Health Awareness Week, our students and staff will participate in activities and learning opportunities that highlight the importance of education and mental health in our lives, families, schools, community and the world.

Thank you to students, parents, staff, community members and organizations for your support - the work you do makes a difference and we appreciate you.



Paul Bennett
Superintendent of Schools
Peace River School Division No. 10



Spotlight on Health & Safety



Safety Message – Disaster Preparedness

If your family is caught in an emergency or disaster situation, are you prepared? Without any warning a disaster can occur and it may take some time for emergency workers to get to you. It is recommended that you should always be ready to take care of yourselves for a minimum of 72 hours. Your best defence in any emergency is to have a plan and be familiar with what to do.

There are three keys to disaster preparedness.

Know the risks – analyze what hazards you face? In Alberta we face a number of hazards, such as natural emergencies like forest fire and floods, service disruptions like a power failure, or even environmental disasters like a chemical spill.

Make a plan – each household needs an emergency plan. It will assist you and your family to know what to do in case of an emergency. Discuss what you would do in different situations as well as how to meet or contact each other if you're not together when an emergency occurs. Consider what to do if you need to stay put or if you need to leave your home. Include a list of emergency management agencies in your area.

Create an emergency kit – in an emergency basic supplies will be needed. You may be without power or tap water. Always have items ready such as non-perishable food, water, flashlight, first aid kit and seasonally appropriate clothing. Also consider any special needs supplies such as requirements for any infants or elderly family members, remember any medications, and necessities for pets. Make sure the kit is organized and easy to find and that everyone knows where it is.

You may find the following links helpful in preparing your family for emergency situations.

Government of Alberta

<https://www.alberta.ca/emergency-preparedness.aspx>

Alberta Emergency Alert App

<https://emergencyalert.alberta.ca/content/about/signup.html>

Government of Canada Disaster Preparedness Site

(emergency kit contents, preparing a family plan)

<https://www.getprepared.gc.ca/cnt/rsrscs/pblctns/yprrdnssgd/index-en.aspx>

David Smith
Safety & Wellness Coordinator





Principal's Message

We have arrived in May and hopefully we have seen the last snowfall of the winter. There are now just 32 days of classes left for students to complete courses and earn credits. Many of our students are seeing the end of the road for this year and are really putting a push on, which is great to see. The ongoing pandemic and all of its associated protocols still weigh heavy on the minds of both students and staff.

The focus of Dr. Bennett's message was on celebrating and acknowledging Education Week and Mental Health Week. In current times, these two are certainly connected as strong and positive mental health can lead to great success in educational experiences. As I have stated in previous newsletters, the staff at Peace Outreach are acutely aware of the correlation between the two. Students know there are adults on whom they can rely to get support – both academically and emotionally. Our teachers, educational assistants, office manager, and counsellors are all here to guide students on their paths.

During the month of May, we are planning many activities to recognize Missing and Murdered Indigenous Women and the emotional and mental impact this has on family and community. Our Indigenous Support Liaison has activities planned with the Faceless Doll Project and the Red Dress Campaign. One of our students has created a beautiful painting to remember the loss of so many loved ones.

Please continue to stay safe and take all the necessary precautions to limit the spread of this virus. It will be great to celebrate with friends and family once all this is behind us. Enjoy the great spring weather and continue to support the learning and mental health of our young people. They are our future.

Clyde Green
Principal
Peace Regional Outreach Campus

